[redacted] A/B, 3, 2/78

22 October 1952

On Wednesday, 22 October 1952, inaccordance with proposed plans as set out in the preceding memorandum, SI and H experiments were carried on in Building 13, Room 20, with [redacted] and [redacted] by Messrs. [redacted] and [redacted].

For matter of record, the subjects mentioned above were entirely new volunteers in this work who had become interested through the recruitment efforts of [redacted] and others and who had shown sufficient interest in the experimentation to be willing to co-operate. In view of this, [redacted] had requested [redacted] to attend this session for two reasons. The first to act as an experienced observer and to show by demonstration some of the simple processes in the hypnotic technique.

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After a considerable discussion in which the aims of the Artichoke work were pointed out to the three subjects, [redacted] working with [redacted] and the writer, demonstrated a number of simple hypnotic techniques. Simple tests were given for suggestibility (falling back, hand raising, etc., etc.).

In the case of [redacted] and [redacted] results were about normal, but in the case of [redacted] results were excellent in that [redacted] passed into a good hypnotic sleep and was held in that condition for a number of minutes by the writer.

After the simple suggestibility tests were concluded, all of the subjects were given a general explanation of the slow relaxed process and thereafter [redacted] began a slow relaxation technique with the [redacted] and [redacted] and [redacted]. In this, [redacted] again observed obtained a deep hypnotic sleep and the other subjects gave indication of being able to obtain a good hypnotic sleep in the future with more work.

Since this was the first attempt with the new subjects, the tests were concluded after an explanation and the session ended at approximately 9:15.

[redacted]

[redacted]